



Microneedling



DRINK PLENTY OF WATER TO AID HEALING

AVOID MAKE UP FOR AT LEAST 24 HOURS

AVOID SUN EXPOSURE FOR A FEW DAYS AND
ALWAYS USE AND SPF

WASH HANDS BEFORE TOUCHING YOUR FACE

KEEP YOUR SKIN HYDRATED WITH A GENTLE
MOISTURISER OR HYALURONIC ACID

AVOID EXCESS SWEATING E.G GYM, SAUNA AND
HOT BATHS

AVOID HARSH SCRUBBING AND USE A GENTLE
CLEANSER

—bloomalashesandbeauty—